Association between male circumcision and human papillomavirus infection in males and females: a systematic review, meta-analysis, and meta-regression

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ABSTRACT

Background: Human papillomavirus (HPV) infection is a necessary cause of cervical cancer and

is associated with anal, penile, vaginal, and vulvar cancers. Previous studies have suggested a

protective effect of male circumcision (MC) on HPV infections in males, and that this protection

may be conferred to their female sexual partners. We synthesized the available evidence on the

association between MC and HPV infections in males and females.

Methods: We performed a systematic review and meta-analysis of the effect of MC on the

prevalence, incidence, and clearance of genital HPV infections in heterosexual males and their

female sexual partners. We searched multiple databases for studies that assessed MC status and

tested for the presence of genital HPV DNA. We used random-effects meta-analysis models to

estimate summary measures of effect and 95% confidence intervals (CI) for the prevalence,

incidence, and clearance of HPV infections in males and females. We assessed effect modification

for prevalence in males using random-effects meta-regression.

Findings: We included 32 publications encompassing 25 unique study populations. MC was

associated with decreased odds of prevalent HPV infections (odds ratio 0.45, CI 0.34-0.61), a

reduced rate of incident HPV infections (incidence rate ratio 0.69, CI 0.57–0.83), and an increased

risk of clearing HPV infections (risk ratio 1.44, CI 1.28-1.61) at the glans penis. Effect

modification by sampling site was observed for HPV prevalence in males, with greater protection

conferred by MC at the glans than the shaft (OR 0.68, 95% CI 0.48–0.98). Females with

circumcised sexual partners were at reduced risk for all outcomes.

Interpretation: MC protects against various HPV infection outcomes, especially at the glans, and

may be a viable prophylactic strategy in regions with a high burden of HPV-associated disease

where the HPV vaccine is not commercially available. That the protective effect of MC on HPV

infection prevalence varies by penile site has important implications for epidemiologic studies of HPV transmission.

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RESEARCH IN CONTEXT

Evidence before this study: Previous meta-analyses published in 2011, 2012, and 2017 have

assessed the impact of MC on genital HPV infections in males, while systematic reviews published

in 2017 and 2019 have described the impact of MC on women's sexual health outcomes. All meta-

analyses of males found a protective effect of MC on HPV prevalence, with inconsistent evidence

for the association between MC and HPV incidence and clearance. Systematic reviews in females

found a protective effect of MC on HPV prevalence.

Added value of this study: We identified an additional 12 publications (including one randomized

controlled trial) that were not included in the most recently published systematic review and meta-

analysis. We found that in males, MC conferred protection against prevalent HPV infections at the

glans and shaft of the penis, protected against the acquisition of HPV infections at the glans, and

resulted in increased clearance of HPV infections at the glans and shaft. We also found that MC

protected females against various HPV infection outcomes. We considered anatomical site in all

analyses and explored effect modification using a meta-regression approach. Our meta-analysis

also examined the impact of MC on various HPV infection outcomes in females. To our

knowledge, the latter two types of analyses had not been done before.

Implications of all the available evidence: Countries with a high burden of HPV-associated

diseases, or where the HPV vaccine is not commercially available, may wish to consider male

circumcision as a preventive strategy. Both males and their female sexual partners may benefit

from MC for protection from HPV infections.

INTRODUCTION

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2 Human papillomavirus (HPV) is the most common sexually transmitted infection worldwide.¹ 3 Persistent infection with high-risk HPV types (hrHPV) is a necessary cause of cervical cancer and is associated with penile, anal, vaginal, vulvar, and head and neck cancers, 2-4 while infection with 4 5 some low-risk HPV types (lrHPV) is associated with genital warts.¹ 6 Male circumcision (MC) protects against a variety of sexually transmitted infections, including 7 human immunodeficiency virus (HIV), herpes simplex type 2, trichomoniasis, chancroid, and syphilis.⁵⁻⁷ Several randomized controlled trials (RCT) evaluating the association between MC and 8 9 HIV acquisition have also included analyses of HPV as secondary endpoints. ^{8,9} Most observational 10 studies of the relationship between MC and HPV infections in males have been cross-sectional in 11 nature, and few have evaluated the risk of HPV infection in female partners of circumcised and uncircumcised males. Previous systematic reviews 10,11 and meta-analyses 12-14 found that MC 12 13 protects against a variety of HPV infection outcomes in males and their female sexual partners. 14 However, gaps in knowledge remain and multiple studies on the topic have been recently 15 published, necessitating an update to the existing literature. In this systematic review, we 16 synthesize the growing evidence suggestive of a protective relationship between MC and HPV

METHODS

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Search strategy and selection criteria

We searched for studies that 1) included participants with no HPV-associated genital lesions, 2)

infections in males, and the conferred protection to female sexual partners.

tested for the presence of HPV DNA in genital epithelial cells, 3) assessed the male circumcision

status, and 4) assessed the prevalence, incidence, and/or clearance of HPV infections. We included

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both observational and experimental study designs but excluded case reports and case series. We included studies of both males and females of any age but excluded studies that focused solely on men who have sex with men and people living with HIV from the sample due to HIV's direct effect on HPV infection risk due to immunosuppression and shared sexual transmission characteristics. 15,16 Multiple publications from the same study population were eligible for inclusion if they assessed distinct outcomes. We applied no country, date, or language restrictions. We searched the MEDLINE, Embase, Scopus, Cochrane, LILACS, and ProQuest Dissertations & Theses Global databases to identify relevant records published up to 22 June 2022. We also manually searched for potentially eligible studies from previous knowledge syntheses and conference abstracts. The search strategy for each database, developed with input from a university librarian, is included in Supplementary Table 1. After de-duplicating search results in EndNote, S.S. and C.L. independently screened the abstract of each record to determine relevancy. For papers deemed potentially relevant, we obtained and independently screened the record's full text. Disagreements at both stages were resolved by consensus. **Data analysis** S.S. and C.L. performed data extraction using a standardized spreadsheet. Each author extracted data from half of the included records, which was subsequently verified by the alternate author. Extracted data included study characteristics (design, year(s), country(s) and their economic development as defined by the World Bank, ¹⁷ population description, number of visits if longitudinal), exposure and outcome methods (MC assessment method, genital sites sampled, frequency of genital sampling, sampling method, HPV DNA detection and genotyping method, HPV types detected and genotyped), study population results (sample size, sex, age at baseline,

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HPV prevalence at baseline), and outcome-related data (outcome type, i.e., prevalence, incidence, clearance; HPV risk grouping; number of samples analyzed; number circumcised and uncircumcised; number of prevalent or incident or cleared infections; person-time at risk; effect estimate and 95% confidence interval (95% CI); and covariates adjusted for). Whenever possible, we extracted separate estimates for infection with any HPV type, hrHPV, and lrHPV, as well as separate estimates from samples of different sites of the penis: shaft and/or scrotum only (hereafter referred to as shaft), glans and/or urethra and/or foreskin only (hereafter referred to as glans), and from combinations of shaft sites and glans sites (hereafter referred to as combined site). We extracted the adjusted estimate when available and the crude estimate otherwise. If raw data were presented without effect estimates, we calculated the odds ratio and 95% CI using OpenEpi's two by two table function. 18 If effect estimates used circumcised males as the reference category, we took the reciprocal of the estimate and its 95% CI. If relevant data or analyses were mentioned but not quantitatively reported, we contacted the study authors. We assessed the risk of bias in each study using customized versions of the Newcastle-Ottawa scale for cross-sectional and cohort studies and the Cochrane risk-of-bias tool for randomized trials. 19 Studies were deemed to have a low risk of bias if they were assigned a score of 7 or greater on the Newcastle-Ottawa scale or a score of low across at least 4 domains using the Cochrane riskof-bias tool. We extracted effect estimates for the relationship between MC and HPV infection prevalence, incidence, and clearance for multiple sexes (male and female), HPV risk groupings (any HPV, hrHPV, and lrHPV), and sampling sites (glans, shaft, and combined site). We used the meta command in Stata (version 17.0, StataCorp, College Station, Texas) to calculate pooled odds ratios, risk ratios, incidence rate ratios, hazard ratios, and their corresponding 95% CIs using a restricted maximum likelihood model. We assessed study heterogeneity using the I² statistic. We used random effects models for analyses with an I² of greater than or equal to 25% and fixed effects models otherwise. For all analyses, we performed subgroup analyses by sampling site (glans-only vs. shaft-only or combined site) and HPV oncogenicity (hrHPV vs. lrHPV) to assess potential effect modification. We conducted univariate random-effects meta-regression of prevalence studies in males with clustering by study using the *metafor* package²⁰ in R (version 4.2.0, R Core Group, Vienna) to explore potential effect modification by study characteristics: year of publication, sites sampled, study country's economic development, and whether the study controlled for confounding. For studies of prevalence that reported risk or prevalence ratios, we used the raw data to calculate an odds ratio so that the study could be included in the metaregression. We performed several sensitivity analyses to assess the robustness of our findings. We repeated our primary analyses of prevalence, incidence, and clearance in males including only studies judged to have a low risk of bias. We additionally repeated our analysis of prevalence in males stratifying by whether studies controlled for confounding, conducted leave-one-out analyses to assess the impact of any one study on the pooled estimate, ²¹ and assessed publication bias using a funnel plot and the Egger test.²²

This study protocol was registered in PROSPERO (registration number CRD42020211591).

Role of the funding source

- The funder of the study had no role in study design, data collection, data analysis, data
- 90 interpretation, or writing of the report.

RESULTS

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We identified 1,409 potentially eligible records through systematic database searches and 10 through manual searches, of which 624 remained after de-duplication (Figure 1). We excluded 520 records after title and abstract screening, leaving 104 full-text records for assessment. We excluded 18 records for reporting on the same study population as an included record, 25 records that studied participants with HPV-associated lesions, seven records for not sampling a genital site, seven records for missing exposure or outcome data, seven records for not having an outcome of interest, and eight records for failure to obtain needed data that were missing from the authors of the original studies (Supplementary Table 2). In total, we included 32 records in our systematic review and meta-analysis. Characteristics of these publications, 6,8,23-52 which were published between 2002 and 2022, are presented in Table 1. The 32 studies encompassed 25 unique study populations. Of these publications, 17 were cross-sectional studies, ten were cohort studies (of which two were analyzed cross-sectionally), and five were RCTs. Studies were conducted in North America (n=12), South America (n=3), Europe (n=4), Asia (n=1), Africa (n=8), and intercontinentally (n=4). MC status was either self-reported or reported by a partner (n=11), reported by a clinician (n=16), or randomized and verified by a clinician (n=5). All studies assessed the presence of HPV DNA by PCR, 23 of which genotyped for 20 or more HPV types. Samples were taken via swab (n=18), textured paper and swab (n=6), brush (n=5), and brush and swab (n=2). Samples in males were taken from multiple sites, including the urethra (n=5), foreskin (n=15), glans and/or corona (n=27), shaft (n=19), scrotum (n=15), and perianal area (n=4) whereas samples in females were taken from the cervix and vagina (n=5). The PCR primer sets used for HPV DNA typing were PGMY09/11 (n=13), MY09/11 (n=8), GP5+/6+ (n=4), SPF10 (n=3), CpI/CpIIG (n=1), and type-

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specific and assay-specific primers (n=3). HPV prevalence among all participants at baseline ranged from 8.7% to 69.8%. A total of 21 studies reported estimates for the association between MC and prevalent HPV infections in males (Supplementary Table 3). Sample sizes ranged from 37 to 3,969. MC was associated with significantly decreased odds of prevalent HPV infections at both the glans (OR 0.45, 95% CI $0.34-0.61, I^2=0.0\%$) and the shaft or combined sites (OR 0.66, 95% CI 0.50-0.87, $I^2=67\cdot1\%$), with a stronger effect observed at the glans (Figure 2). MC was associated with a significantly decreased risk of prevalent HPV infections at the glans (RR 0.57, 95% CI 0.39–0.82, $I^2=82\cdot2\%$), but not at the shaft or combined sites (RR $0\cdot96$, 95% CI $0\cdot92-1\cdot01$, $I^2=0\cdot0\%$). Findings were similar when stratifying by hrHPV and lrHPV types (Supplementary Figures 1 and 2). Nine studies examined the association between MC and HPV incidence in males (Supplementary Table 4), with sample sizes ranging from 210 to 4,033. A significant protective effect of MC was observed for the incidence rate (IRR 0.69, 95% CI 0.57-0.83, $I^2=0.0\%$) at the glans, but not for the hazard rate at the shaft or combined sites (HR 1.04, 95% CI 0.94–1.16, I^2 =0.0%) (Figure 3). Results were similar when stratifying by HPV oncogenicity (Supplementary Figures 3 and 4). Seven publications, with sample sizes of 285 to 4,033, examined the association between MC and HPV clearance in males (Supplementary Table 5). Both the risk and hazard rate of HPV infection clearance were significantly increased at the glans of circumcised males (HR 1.86, 95% CI 1.49– 2.31, $I^2=0.0\%$, RR 1.44, 95% CI 1.28-1.61, $I^2=0.0\%$) (Figure 5), while the hazard rate was increased at the shaft and combined sites, albeit non-significantly (HR 1.41, 95% CI 0.81–2.42, I²=86.9%). Results remained similar when separately examining hrHPV and lrHPV. Six studies examined the association between MC and various HPV outcomes in females (Supplementary Table 6). Sample sizes ranged from 61 to 2,735. All studies assessed the

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prevalence of HPV infections, while two additionally assessed the acquisition of HPV infections and one assessed the clearance of HPV infections. The risk of prevalent hrHPV infections and the incident rate of hrHPV infections were significantly reduced in female partners of circumcised males (RR 0.66, 95% CI 0.49-0.89, $I^2=35.0\%$, IRR 0.77, 95% CI 0.63-0.93, $I^2=0.0\%$) (Figure 5). For all other outcomes, point estimates were protective, but did not reach statistical significance. We found evidence of an effect modification of the association between MC and HPV prevalence in males by sampling site, with a 32% increase in the protective effect of MC at the glans than at the shaft or combined sites (OR 0.68, 95% CI 0.48–0.98) (Table 2). No effect modification was observed for year of publication, primary study country's economic development, or whether the study accounted for confounding. Most studies were judged to have a low risk of bias (Supplementary Tables 7–9). Restricting to studies with a low risk of bias did not change any findings for studies of prevalence (Supplementary Figure 7), incidence (Supplementary Figure 8), and clearance (Supplementary Figure 9) of HPV infections in males. When stratifying studies of prevalence in males by whether or not they controlled for confounding, we observed that studies that did control for confounding found significantly protective effects of MC at the glans on both the odds and risk scales (Supplementary Figure 10). Studies that did not control for confounding only evaluated the effects of MC at the glans on the odds scale and did not find a protective effect. Studies that controlled for confounding also found significantly protective effects of MC at the shaft and combined sites on the odds scale, but not the risk scale, and studies that did not control for confounding did not find any protective effect of MC at the shaft or combined sites. Excluding any given study of prevalence in males reporting an OR did not significantly change the pooled estimate

(Supplementary Figure 11), and we did not observe evidence of publication bias for these studies (Supplementary Figure 12, p value for Egger test 0.95). Publication bias could not be assessed for other outcomes due to the limited number of studies that used the same effect measure.

DISCUSSION

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Findings of this meta-analysis suggest that MC results in reduced prevalent and incident HPV infections and increased clearance of HPV infections at the glans penis, as well as reduced prevalent infections at the shaft. Protection may also be conferred to the female sexual partners of circumcised males. Our findings of the protective effect of MC against various HPV infection outcomes are consistent with those of previous reviews. 10-14 However, our analysis of the varying effect of MC at different anatomical sites of the penis and the use of a meta-regression approach to assess for effect modification have not been done before. To the best of our knowledge, our analysis seems to be the first to include both males and females in the same review. Infections with hrHPV are of most clinical relevance, as persistent infection with hrHPV is a necessary cause of cervical cancer and is associated with various anogenital cancers.²⁻⁴ All estimates for the association between MC and hrHPV infection prevalence, incidence, and clearance found that MC had a significantly protective effect at the glans, and either a protective effect or no effect at the shaft. MC was not found to be a risk factor for HPV infections in any of our meta-analyses. We included several publications that were not part of the most recently published systematic reviews on the topic: in males, we included an additional nine records prevalence, 8,24,29,31,36,40,42,45,51 three of incidence, 8,45,48 and four of clearance 8,32,45,48 that were not included in Zhu's 2017 review and meta-analysis 14. In females, we added three records 28,36,45 that

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were absent in Morris' 2019 review. 11 The addition of new records did not result in different conclusions than those of previous reviews, but rather provided further and more detailed evidence for the same interpretations, especially for the varying levels of protection MC confers at different anatomical sites of the penis. The biological mechanism by which MC is suggested to protect against HPV infections is still unclear; the prevailing theories suggesting differences in keratinization and in the local immune environment of the penis as plausible. It was originally thought that the glans of the circumcised penis is more keratinized than that of the uncircumcised penis⁵³ and less vulnerable to the acquisition of sexually transmitted infections during sexual intercourse. However, anatomic and histological studies have failed to find consistent results on the differences in keratinization between the glans of circumcised and uncircumcised males.⁵⁴ MC has also been postulated to change the local immune environment of the penis through changes in the microbiome and immune cell density. Removal of the foreskin eliminates the anaerobic environment of the preputial cavity.⁵⁵ The Ugandan trial of MC found that circumcised males had a decreased total bacterial load and reduced biodiversity in their microbiota,⁵⁶ whereas a 2017 study of 51 females showed that those who were HPV-positive were more likely to have a diverse array of facultative and strict anaerobic bacteria in their vaginal microbiome.⁵⁷ MC may protect against HPV by reducing the diversity of anaerobic bacteria in the penile microbiota. Finally, different anatomical sites of the penis have different distributions of immune cells.⁵⁸ The removal of the foreskin and the immune cells within it may result in different cytokine environments and inflammatory responses to pathogen entry, both of which are associated with the risk of HPV infections. 54,59-61 Our review had many strengths. We searched a diverse array of databases and validated our search strategy with a librarian. We did not apply study design or language restrictions and we included

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both males and females, multiple HPV infection-related outcomes, different HPV risk groupings, and different anatomical sampling sites. Our review also had several limitations. We included the term "circumcision" in our search strategy and may not have captured records that measured MC and HPV infection without directly assessing their association. We were unable to consider other factors that may play a role in MC's association with HPV infection, such as method of MC, whether MC was performed before or after sexual debut, and number of sexual partners, as these variables were not collected in the vast majority of the included studies. Only three of the 25 unique study populations included in our review came from RCTs, which limited our ability to assess causality. However, it is noteworthy that all RCTs assessing HPV infections in males 8,9,30,48 found a protective effect of MC at the glans for prevalence, incidence and clearance of all HPV types, including hrHPV, and all estimates but one were statistically significant. In conclusion, results from our systematic review and meta-analysis support that MC protects against HPV infections in a diverse population of males, particularly at the glans, and that protection may be passed on to female partners. MC may be a viable preventive strategy for HPV infections, especially in regions with a high burden of HPV-associated cancers and where the HPV vaccine is not commercially available.

Contributors: SBS and ELF conceptualized the project. SBS and CL conducted the literature

search, screening, and data extraction. CL and SBS performed data analysis. SBS drafted the

manuscript. CL, MZ, and ELF critically reviewed the manuscript. ELF and MZ provided

supervision and guidance. All authors had access to all the data in the study and had final

responsibility for the decision to submit for publication. Both SBS and CL directly accessed and

verified the underlying data reported in the manuscript.

Declaration of interests: ELF and MZ hold a patent related to the discovery "DNA methylation

markers for early detection of cervical cancer", registered at the Office of Innovation and

Partnerships, McGill University, Montreal, Quebec, Canada (October 2018). ELF has served as

consultant to Roche, Merck, and BD on HPV diagnostics and prevention. The other authors declare

no competing interests.

Data sharing: All study-level data used in this study are available in the Supplementary Material.

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Table 1: Characteristics of included records according to study design

First author (year)	Country(ies), years conducted	World Bank economic classification	Study population	Number enrolled	Circumcision assessment	Sites sampled	HPV DNA genotyping method
Randomized o	controlled trials						
Gray (2010)	Uganda, 2003– 2006	Low-income country	Males enrolled in the Rakai-1 trial	840	Randomized and verified by a clinician	Glans	MY09/11 PCR
Smith (2021)	Kenya, 2002– 2005	Middle-income country	Males enrolled in the Kisumu circumcision trial	2,193	Randomized and verified by a clinician	Inner foreskin, glans, outer foreskin, shaft	GP5+/6+ PCR
Tobian (2009)	Uganda, 2003– 2007	Low-income country	Males enrolled in the Rakai-1 and Rakai-2 trials	3,393	Randomized and verified by a clinician	Foreskin, glans	PGMY09/11 PCR
Tobian (2012)	Uganda, 2002– 2009	Low-income country	HIV-positive and negative males enrolled in the Rakai-1 and Rakai-2 trials	776ª	Randomized and verified by a clinician	Glans	PGMY09/11 PCR
Wawer (2011)	Uganda, 2003– 2007	Low-income country	Female partners of males enrolled in the Rakai-1 and Rakai-2 trials	1,245	Randomized and verified by a clinician	Vagina	MY09/11 PCR
Cohort studie	<i>28</i>						
Albero (2013) ^b	Brazil, Mexico, United States, 2005–2009	Predominantly high-income countries	Males from the general population, universities, and organized healthcare systems	3,969	Clinical exam	Foreskin, glans, shaft, scrotum	PGMY09/11 PCR

Albero (2014)	Brazil, Mexico, United States, 2005–2009	Predominantly high-income countries	Males from the general population, universities, and organized healthcare systems	4,003	Clinical exam	Foreskin, glans, shaft, scrotum	PGMY09/11 PCR
Hernandez (2008) ^b	United States, 2004–2006	High-income country	Male university students in Hawaii	379	Clinical exam	Foreskin, glans, shaft, scrotum	PGMY09/11 PCR
Hernandez (2010)	United States, 2004–2006	High-income country	Male university students in Hawaii	357	Clinical exam	Foreskin, glans, shaft, scrotum	PGMY09/11 PCR
Lajous (2005)	Mexico, 2002– 2005	Middle-income country	Healthy military males	1,030	Self-report	Urethra, glans, shaft, scrotum	MY09/11 PCR
Lu (2009)	United States, 2003–2006	High-income country	Males from the general population	285	Self-report	Foreskin, glans, shaft, scrotum	PGMY09/11 PCR
Nielson (2009)	United States, 2002–2005	High-income country	Males from the general population	463	Self-report	Foreskin, urethra, glans, shaft, scrotum, perianal area, anus	PGMY09/11 PCR
Partridge (2007)	United States, 2003–2006	High-income country	Male university students in Washington	240	Clinical exam	Foreskin, urethra, glans, shaft, scrotum	PGMY09/11 PCR
Shapiro (2022)	Canada, 2005– 2011	High-income country	Female university students in Montreal and their male sexual partners	826	Clinical exam	Foreskin, glans, shaft	PGMY09/11 PCR

VanBuskirk (2011)	United States, 2003–2009	High-income country	Male university students in Washington	477	Clinical exam	Foreskin, glans, shaft, scrotum	MY09/11 PCR
Cross-section	ial studies						
Baldwin (2004)	United States, 2000–2001	High-income country	Males attending an STI clinic	393	Clinical exam	Glans	PGMY09/11 PCR
Bleeker (2005)	Netherlands, 1995–2002	High-income country	Males from a non-STI dermatology clinic and male partners of females with CIN	356	Clinical exam	Foreskin, glans	GP5+/6+ PCR
Castellsagué (2002)	Spain, Colombia, Brazil, Thailand, Philippines, 1985–1993	Predominantly middle-income countries	Male partners of case females with cervical cancer and healthy control females	1,913	Clinical exam	Urethra, glans	MY09/11 PCR
Contreras (2008)	Mexico, 2005– 2006	Middle-income country	Females with rheumatoid arthritis	61	Self-report	Cervix	CpI/CpIIG PCR
Da Rocha (2015)	Brazil, 2011– 2013	Middle-income country	Males from an STI clinic, a dermatology clinic, a university, and a factory	261	Self-report	Glans	MY09/11 PCR
Hebnes (2021)	Denmark, 2006–2007	High-income country	Military males	2,460	Clinical exam	Preputial cavity, glans, shaft, scrotum, perineum	SPF10 PCR
Mbulawa (2009)	South Africa, NR	Middle-income country	Sexually active Black heterosexual couples	254ª	Self-report	Foreskin, glans, shaft	PGMY09/11 PCR
Obiri- Yeboah (2017)	Ghana, NR	Middle-income country	Females attending an HIV or medical outpatient clinic	170ª	Partner report	Cervix	RT-PCR with type-specific primers

Ogilvie (2009)	Canada, NR	High-income country	Heterosexual males attending an STI clinic	262	Clinical exam	Foreskin, glans, shaft, scrotum	Amplicor® primer PCR
Olesen (2019)	Tanzania, 2009	Middle-income country	Males from urban and rural areas	1,902ª	Clinical exam	Foreskin, glans, shaft	PGMY09/11 PCR
Rocha (2012)	Brazil, NR	Middle-income country	Heterosexual couples in which the female HPV-related cervical lesions	43	Clinical exam	Foreskin, glans	GP5+/6+ PCR
Rombaldi (2006)	Brazil, 2003– 2004	Middle-income country	Male sexual partners of females with CIN	99	Self-report	Foreskin, urethra, glans, shaft	MY09/11 PCR
Roura (2012)	Spain, 2007– 2008	High-income country	Females attending cervical cancer screening	3,261	Partner report	Cervix	SPF10 PCR
Shin (2004)	South Korea, 2002	High-income country	Male university students	381	Self-report	Urethra, glans, shaft, scrotum	SPF10 PCR
Svare (2002)	Denmark, 1993	High-income country	Males attending an STI clinic	198	Self-report	Glans, shaft, scrotum, perianal area	GP5+/6+ PCR
Vaccarella (2006)	Mexico, 2003– 2004	Middle-income country	Males requesting a vasectomy	779	Clinical exam	Glans, shaft, scrotum	MY09/11 PCR
Vardas (2011)	18 countries in Africa, Asia- Pacific, Europe, Latin America, and North America, NR	Predominantly middle-income countries	Heterosexual males with 1–5 female lifetime sexual partners	3,463	Clinical exam	Penis (specific sites NR), scrotum, perianal area	RT-PCR with type-specific primers

Abbreviations: NR, not reported; STI: sexually transmitted infection

^a Only HIV-negative males were included

^b Cohort study analyzed cross-sectionally

Table 2. Meta-regression of studies assessing the association between male circumcision and HPV prevalence in males

	Name have of	Univari	ate
Potential effect modifier	Number of studies (%)	OR (95% CI)	p-value for modifier
Year			
2009 or earlier	15 (62.5)	1.00 (reference)	
2010 or later	9 (37.5)	1.28 (0.88–1.86)	0.19
Site, n (%)			
Combined/shaft-only	15 (62.5)	1.00 (reference)	
Glans	9 (37.5)	0.68 (0.48–0.98)	0.04
Economic development, n (%)			
High-income country	12 (50.0)	1.00 (reference)	
Low- or middle-income country	12 (50.0)	0.87 (0.61–1.24)	0.45
Control for confounding, n (%)			
Yes	17 (70.8)	1.00 (reference)	
No	7 (29-2)	1.54 (0.89–2.67)	0.12

Abbreviations: CI, confidence interval; HPV, human papillomavirus; OR, odds ratio

Figure 1: Study selection

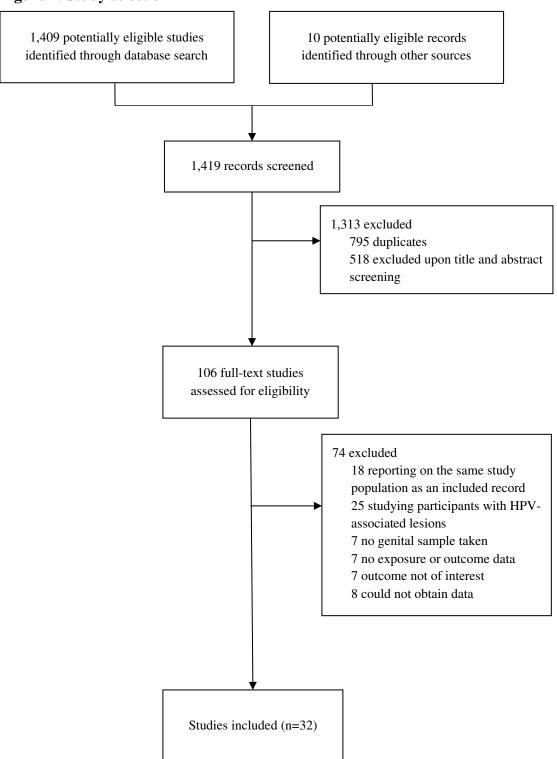


Figure 2: Studies of male circumcision and HPV prevalence in males by sampling site

0	D .		O': •			Effect esti		
Study	Design (Oncogenicity	y Site N	/leasure		(95% ()) 	n
Glans								
Castellsague 2002	Cross-sectional	Any HPV	Glans	OR		0.37 (0.16,	0.85)	113
Nielson 2009	Cross-sectional	Any HPV	Glans	OR		0.44 (0.23,	0.83)	44
Baldwin 2004	Cross-sectional	Any HPV	Glans	OR		0.34 (0.20,	0.57)	34
Hernandez 2008	Cohort	Any HPV	Glans	OR		0.51 (0.27,	0.97)	30
Bleeker 2005	Cross-sectional	Any HPV	Glans	OR	—ф—	0.98 (0.41,	2.35)	25
Da Rocha 2015	Cross-sectional	Any HPV	Glans	OR —	-	0.52 (0.04,	7.03)	18
Rocha 2012	Cross-sectional	Any HPV	Glans	OR -		 1.32 (0.06,	28.87)	3
Heterogeneity: $\tau^2 = 0.00$, I^2	$= 0.00\%, H^2 = 1.00$)			•	0.45 (0.34,	0.61)	
Test of $\theta = 0$: $z = -5.26$, $p =$	0.00							
Smith 2021	RCT	Any HPV	Glans	RR		0.48 (0.41,	0.56)	219
Tobian 2009	RCT	Any HPV	Glans	RR		0.70 (0.53,	0.92)	52
Heterogeneity: $\tau^2 = 0.06$, I^2	= 82.20%, H ² = 5.6	62			•	0.57 (0.39,	0.82)	
Test of $\theta = 0$: $z = -2.99$, $p =$: 0.00							
Combined or shaft-only								
Vardas 2011	Cross-sectional	•	Combined	OR	_	0.90 (0.69,	,	
Hebnes 2021	Cross-sectional	Any HPV	Combined	OR	-	0.70 (0.49,	0.99)	233
Olesen 2019	Cross-sectional	hrHPV	Combined	OR		0.87 (0.52,	1.45)	128
Lajous 2005	Cohort	Any HPV	Combined	OR		0.48 (0.30,	0.77)	92
Vaccarella 2006	Cross-sectional	Any HPV	Combined	OR		0.20 (0.10,	0.40)	77
Nielson 2009	Cross-sectional	Any HPV	Shaft	OR		0.53 (0.28,	1.00)	44
Shapiro 2022	Cohort	Any HPV	Combined	OR	-	0.81 (0.56,	1.17)	41
Shin 2004	Cross-sectional	Any HPV	Combined	OR		1.80 (0.40,	8.15)	36
Hernandez 2008	Cohort	Any HPV	Shaft	OR		0.63 (0.37,	1.07)	33
Mbulawa 2009	Cross-sectional	Any HPV	Combined	OR		0.54 (0.20,	1.42)	29
Ogilvie 2009	Cross-sectional	Any HPV	Combined	OR		1.14 (0.67,	1.94)	26
Svare 2002	Cross-sectional	Any HPV	Combined	OR -		0.20 (0.06,	0.63)	19
Rombaldi 2006	Cross-sectional	Any HPV	Combined	OR		2.07 (0.46,	9.35)	9
Heterogeneity: $\tau^2 = 0.14$, I^2	= 67.13%, H ² = 3.0)4			•	0.66 (0.50,	0.87)	
Test of $\theta = 0$: $z = -2.98$, $p =$: 0.00							
Albero 2013	Cohort	Any HPV	Combined	PR		0.96 (0.91,	1.01)	396
Smith 2021	RCT	Any HPV		RR		1.05 (0.84,		
Heterogeneity: $\tau^2 = 0.00$, I^2		•			T	0.96 (0.92,	•	
Test of $\theta = 0$: $z = -1.40$, $p =$		-				(3132,		
				0.05	5 0.50 1.50 5.00	_		

Abbreviations: CI, confidence interval; HPV, human papillomavirus; hrHPV, high-risk HPV; OR, odds ratio; PR, prevalence ratio; RCT, randomized controlled trial; RR, risk ratio

Figure 3: Studies of male circumcision and HPV incidence in males by sampling site

Study	Design	Oncogenic	ity Site M	1easur	re	Effect estimate (95% CI)	n
Glans	-	-					
Tobian 2012	RCT	hrHPV	Glans	IRR		0.70 (0.55, 0.89)	776
Gray 2010	RCT	hrHPV	Glans	IRR		0.67 (0.50, 0.90)	448
Heterogeneity: I ² = 0.00	%, H ² = 1.00				•	0.69 (0.57, 0.83)	
Test of $\theta = 0$: $z = -3.91$,	p = 0.00						
Smith 2021	RCT	Any HPV	Glans	HR	-	0.51 (0.43, 0.61)	1196
Combined or shaft-on	-	A 11DV	O a mala in a al	D		100 (0.01, 1.00)	1000
Albero 2014		-	Combined			1.08 (0.91, 1.28)	
Smith 2021	RCT	Any HPV		HR	T	1.01 (0.87, 1.17)	
Vanbuskirk 2011	Cohort		Combined			1.10 (0.83, 1.46)	477
Lu 2009		-	Combined		-	0.80 (0.37, 1.74)	285
Partridge 2007		Any HPV	Combined	HK		1.10 (0.60, 2.01)	240
Heterogeneity: I ² = 0.00						1.04 (0.94, 1.16)	
Test of $\theta = 0$: $z = 0.86$, p	0 = 0.39						
Shapiro 2022	Cohort	Any HPV	Combined	IRR	-	0.77 (0.37, 1.60)	55
Lajous 2005	Cohort	Any ⊔DV	Combined	OΡ		1 12 / 0 45 2 70\	210
Lajous 2005	Conort	Ally FTV	Combined	UH		1.12 (0.45, 2.79)	210
					0.50 1.50	5.00	

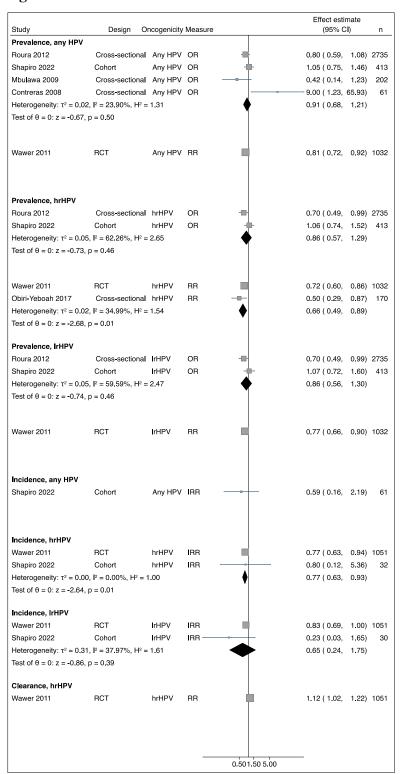
Abbreviations: CI, confidence interval; HPV, human papillomavirus; HR, hazard ratio; hrHPV, high-risk HPV; IRR, incidence rate ratio; RCT, randomized controlled trial;

Figure 4: Studies of male circumcision and HPV clearance in males by sampling site

Study	Design	Oncogenic	ity Site M	/leasure		Effect estimate (95% CI)	n
Glans							
Smith 2021	RCT	Any HPV	Glans	HR		1.90 (1.49, 2.42)	2032
Hernandez 2010	Cohort	Any HPV	Glans	HR		1.69 (1.02, 2.79)	357
Heterogeneity: $\tau^2 = 0.00$, I^2	= 0.00%,	$H^2 = 1.00$			•	1.86 (1.49, 2.31)	
Test of $\theta = 0$: $z = 5.56$, $p = 0$	0.00						
			_		_		
Tobian 2012	RCT	hrHPV	Glans	RR	-	1.48 (1.26, 1.74)	776
Gray 2010	RCT	hrHPV	Glans	CRR		1.39 (1.17, 1.65)	448
			G.1.G.1.10	• • • • • • • • • • • • • • • • • • • •	_	,,	
Combined or shaft-only							
Albero 2014	Cohort	Any HPV	Combined	HR		0.95 (0.88, 1.02)	4033
Smith 2021	RCT	Any HPV	Shaft	HR		2.19 (1.34, 3.58)	624
Hernandez 2010	Cohort	Any HPV	Shaft	HR —	 	0.94 (0.63, 1.41)	357
Lu 2009	Cohort	Any HPV	Combined	HR		-3.10 (1.19, 8.10)	285
Heterogeneity: $\tau^2 = 0.24$, I^2	= 86.90%	$H^2 = 7.63$		•		1.41 (0.82, 2.42)	
Test of $\theta = 0$: $z = 1.25$, $p = 0$).21						
Shapiro 2022	Cohort	Any HPV	Combined	CRR —		0.81 (0.52, 1.25)	131
				1		_	
				0.50	1.50 5.00		

Abbreviations: CI, confidence interval; CRR, clearance rate ratio; HPV, human papillomavirus; HR, hazard ratio; hrHPV, high-risk HPV; RCT, randomized controlled trial; RR, risk ratio

Figure 5: Studies of male circumcision and various HPV outcomes in females



Abbreviations: CI, confidence interval; HPV, human papillomavirus; hrHPV, high-risk HPV; IRR, incidence rate ratio; lrHPV, low-risk HPV; OR, odds ratio; RCT, randomized controlled trial; RR, risk ratio